

## **COMMON WART VARIETIES • PLANTAR WARTS**

Warts are bumps on the skin caused by the human papillomavirus (HPV) and are contagious, especially among children. Most are benign and two-thirds will go away on their own within two years. However, they can cause cosmetic disfigurement as well as pain depending on their location.

Several wart removal options are available over the counter, including topical peeling agents and cryotherapy products for at-home use. Oftentimes these require multiple applications to be effective and are not without irritation and discomfort. Because of potential skin erosion, patients with diabetes and poor circulation are warned not to use these topical treatments due to the increased risk of infection. Surgical interventions include laser therapy and cryosurgery.

WartCalm® is a non-invasive, systemic treatment of common wart varieties and plantar warts that may be used for adults and children 2 years of age and older.

Because it's taken orally, WartCalm is an excellent choice for patients who cannot tolerate localized treatments or for those with multiple warts. It also offers the advantage of being pain-free and non-scarring on skin. The meltaway tablets are designed to dissolve in the mouth or can be dissolved in water for easier administration in younger children.

WartCalm won't interfere with other treatments and has a very low risk of side effects. It's available over the counter and health care professionals can also purchase direct from Boiron.



#### **OTC TREATMENTS**

WartCalm <sup>®</sup>	Provides homeopathic action on common wart varieties and plantar warts on bottom of feet.	Systemic treatment; pain-free and non-scarring; may be used in children as young as 2.	Very low risk of side effects.
Topical peeling agents (salicylic acid, trichloroacetic acid)	Acid shaves away the surface of the wart and it eventually disappears.	Can be done at home.	Stinging and burning pain; repeated treatments are needed; most effective when combined with cryotherapy; contraindicated in people with diabetes and poor circulation.
Tape occlusion therapy	May deprive the wart of oxygen.	Painless; can be done at home.	Duct tape must be left in place for six days, which can be uncomfortable depending on wart location.

#### **RX TREATMENTS**

Cryotherapy (liquid nitrogen)	Causes formation of a blister under and around wart, which eventually falls off.	Some cryotherapy products are available over the counter.	Localized pain, discoloration, and blistering; repeated treatments are often needed; cannot be used on young children.
Laser treatment	Cauterization of blood vessels.	Quick intervention.	Localized pain and scarring.

#### **SUPPLEMENTS**

Zinc
(zinc sulfate,
aluconate, etc.)

Oral and topical zinc seems to improve the cure rate of skin warts.

Safe when used orally in doses that do not exceed 40 mg daily; well-tolerated topically.

Requires daily applications for two months (topically).





Scan & register for access to on-demand homeopathic protocols.



**WartCalm®** is produced by Boiron using pharmaceutical quality standards, recognized as the most stringent level of Good Manufacturing Practices among health products. Its active ingredients are made according to the *Homeopathic Pharmacopoeia of the United States*.<sup>5</sup>

Indications for homeopathic medicines have been determined experimentally and verified by years of empirical use by thousands of physicians. Insight into these traditional indications is gained throughout the years as advances are made in the fields of biochemistry and pharmacology.

This table shows the relationships between the toxico-pharmacological properties of the strain (in blue) and the general indications of its homeopathic dilution (in red).<sup>6,7</sup>

#### WartCalm should be used only for its labeled indications.

Antimony sulfide Sb <sub>2</sub> S <sub>3</sub>	Nitric acid HNO <sub>3</sub>	White cedar (Cupressaceae) <i>Thuja occidentalis</i>
Exposure causes vesicular or pustular eruptions and hyperkeratosis with fissural dermatosis or hard warts on palms or soles.	Exposure causes fissures or polyps with clear margins and red, painful center, with yellow surrounding tissues.	Exposure causes vegetative or verrucous growth of the skin (warts, condylomata, or papillomas), and papulovesicular or pustular eruptions.
Antimonium crudum 9C	Nitricum acidum 9C	Thuja occidentalis 9C
For removal of warts with hard, rough surfaces that often appear in groups.	For removal of yellowish warts that sting.	For removal of common warts and plantar warts.

# + ADVANTAGES

#### As a convenient and reliable first choice for wart removal, WartCalm offers many advantages:

- Systemic action on common wart varieties and plantar warts
- Pain-free, non-scarring, and easy to take
- Convenient meltaway tablets absorbed sublingually; no food or water needed
- For young children, tablets can be dissolved in water for easier intake
- No known drug interactions; not contraindicated in patients with diabetes or poor circulation
- Will not mask symptoms of a more serious condition
- Each box contains three sleeves of 20 unflavored tablets

#### References

- 1. Al Aboud AM, Nigam PK. Wart. StatPearls. https://www.ncbi.nlm.nih.gov/books/NBK431047/. Accessed May 2022
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- 3. Natural Medicines Comprehensive Database. https://naturalmedicines.therapeuticresearch.com. Accessed 2022.
- 4. Berardi R. Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care. 15th ed. Washington, DC: American Pharmacists Association; 2006.
- Drug Products Labeled as Homeopathic: Guidance for FDA Staff and Industry (revised draft). U.S. Food and Drug Administration. October 2019. Available at: https://www.fda.gov/regulatory-information/search-fda-guidance-documents/drug-products-labeled-homeopathic-guidance-fda-staff-and-industry.
- 6. Demarque D, Jouanny J, Poitevin B, Saint-Jean Y. Pharmacology and Homeopathic Materia Medica. 3rd ed. Sainte-Foy-lès-Lyon: CEDH; 2007.
- 7. Guermonprez M, Pinkas M, Torck M. Matière Médicale Homéopathique. 2nd ed. Sainte-Foy-lès-Lyon: Boiron; 1997.



# WartCalm®

#### **60 MELTAWAY TABLETS**

## **Drug Facts**

**Active ingredients\*\*** (in each tablet)

Purpose' Antimonium crudum 9C HPUS (0.83 mg)...... ......For removal of warts with hard, (contains less than 10-18 mg antimony) rough surfaces that often appear in groups

Nitricum acidum 9C HPUS (0.83 mg)......For removal of yellowish warts that sting

Thuja occidentalis 9C HPUS (0.83 mg) .......For removal of common warts and plantar warts The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

#### Uses'

- for the removal of common warts. The common wart is easily recognizable by the rough "cauliflower-like" appearance on the surface.
- for the removal of plantar warts on the bottom of the foot. The plantar wart is recognized by its location only on the bottom of the foot, its tenderness, and the interruption of the footprint pattern.

#### **Warnings**

Do not use for moles, birthmarks, warts with hair growing from them, genital warts, or warts on the face or mucous membranes.

Stop use and ask a doctor if discomfort persists or if the warts become painful, start multiplying quickly, or change in appearance.

If pregnant or breastfeeding, ask a health professional before use

Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center right away.

#### **Directions**

Adults and children 6 years of age and older	Dissolve 2 tablets in the mouth 2 times a day, mornings and evenings, until wart is removed or as directed by a doctor. Daily use for at least 1 month is recommended.	
Children 2 to 5 years of age	Dissolve 2 tablets in 1 tablespoon of water for easier intake. Follow directions above.	
Children under 2 years of age	Ask a doctor.	

#### **Drug Facts** (continued)

#### Other information

- do not use if glued carton end flaps are open or if the blister seal is broken
- store below 86°F (30°C)

#### Inactive ingredients

croscarmellose sodium, lactose, magnesium stearate

#### Questions or comments?

BoironUSA.com Info@Boiron.com 1-800-B0IR0N-1 (1-800-264-7661)

## **ALSO AVAILABLE FROM BOIRON**



