

RELIEF OF HEMORRHOID SYMPTOMS

Information for **Health Care Professionals**



BURNING • ITCHING • PAIN • DISCOMFORT

Nearly half of all adults over the age of 50 have hemorrhoids; however, obesity and pregnancy are also associated with a higher risk for developing hemorrhoids in younger populations.^{1,2} **HemCalm**® offers patients three choices of treatment based on their personal condition, preference of form, and convenience of application.

- **HemCalm Ointment** provides soothing relief for external hemorrhoids. Its active ingredients have an immediate local astringent effect that improves discomfort with a vascular tightening effect that contributes to the resorption of hemorrhoids.
- **HemCalm Suppositories** offer a practical option for internal hemorrhoids. This twice-daily application maintains contact between the affected area and healing agent for continued improvement through the day and night.
- **HemCalm Tablets and Pellets** are taken orally and act systemically on both kinds of hemorrhoids. They have active ingredients that target some of the factors triggering the occurrence of hemorrhoids.

Products in the HemCalm line are very well tolerated and can be used at the onset of symptoms. They are safe to use together for complete symptom management.

These medicines are available over the counter and health care professionals can also purchase direct from Boiron.


BOIRON®
World Leader in
Homeopathic Medicines
BoironUSA.com/hcp

MEDICINES

HemCalm® Tablets HemCalm On the Go Pellets HemCalm Ointment HemCalm Suppositories	Provides homeopathic symptom-specific topical or systemic (tablets or pellets) action on symptoms associated with hemorrhoids, such as itching, burning, pain, and discomfort.	Combines the protective and lubricating action of petrolatum or hard fat with anti-edematous and astringent action of witch hazel, stone root, and horse chestnut mother tinctures. Tablets and pellets have a systemic action.	Very low risk of side effects; local application may cause slight itching.
Local anesthetics <i>(benzocaine, lidocaine, pramoxine, etc.)</i>	Provides local anesthetic action.	Works quickly on itching or burning.	May mask signs of a more serious condition; possibility of allergic reactions.
Vasoconstrictors <i>(ephedrine, phenylephrine)</i>	Provides slight anesthetic action; decreases swelling.	Works quickly on resorption of hemorrhoids.	Possibility of rebound vasodilation if used for long periods.
Protectants <i>(petrolatum, cocoa butter, aluminum hydroxide gel, kaolin, etc.)</i>	Isolates skin and mucous membranes from irritants, prevents excessive dryness.	Usually very safe.	Petrolatum and other greasy topicals are incompatible with topical preparations of kaolin and aluminum hydroxide gel.
Hydrocortisone	Provides vasoconstrictor and antipruritic effects.	Long-lasting effect, but onset of action takes up to 12 hours.	May mask symptoms of bacterial or fungal infection.
Astringents <i>(calamine, zinc oxide, etc.)</i>	Provokes coagulation of skin cells, forming a protective layer and decreasing itching and irritation.	Usually well tolerated.	Excessive use may cause local dryness and irritation.

SUPPLEMENTS

Methylsulfonylmethane <i>(MSM)</i>	Decreases itching, bleeding, and irritation when used with hyaluronic acid and tea tree oil.	Safe when used short term (20 days).	Data related to long-term use are lacking.
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+ ADVANTAGES

As a convenient and reliable first choice for hemorrhoids, HemCalm offers many advantages:

- Offers a choice of treatment based on preference of form and convenience of application
- May be used together or separately
- Formulated with plant-based active ingredients
- Suitable for use for hemorrhoid symptoms following childbirth
- Provides a protective, lubricating effect associated with astringent and anti-edematous action (ointment and suppositories)
- Provides systemic action on both types of hemorrhoids (tablets and pellets)
- No benzocaine, lidocaine, and phenylephrine (ointment and suppositories) and gluten-free (tablets)
- Won't mask symptoms of infection or other conditions
- No rebound effect
- Available over the counter in a 1-ounce tube of ointment, box of 10 suppositories, box of 60 tablets, or two tubes of pellets



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for access to
on-demand
homeopathic
protocols.

The HemCalm® line is produced by Boiron using pharmaceutical quality standards, recognized as the most stringent level of Good Manufacturing Practices among health products. The active ingredients are made according to the *Homeopathic Pharmacopoeia of the United States*.⁷

Indications for homeopathic medicines have been verified by years of empirical use by thousands of physicians. Insight into these traditional indications is gained throughout the years as advances are made in the fields of biochemistry and pharmacology.

This table shows the relationships between the toxico-pharmacological properties of the strain (in blue) and the general indications of its homeopathic dilutions (in red).^{8,9}

HemCalm should be used only for its labeled indications.

HEMCALM TABLETS AND ON THE GO PELLETS

Horse chestnut (Hippocastanaceae) <i>Aesculus hippocastanum</i>	Witch hazel (Hamamelidaceae) <i>Hamamelis virginiana</i>	Poison nut (Loganiaceae) <i>Strychnos nux-vomica L.</i>
Aescin: anti-exudative and vascular tightening effect; reduction of vascular permeability and anti-edematous action.	Tannins: astringent, anti-inflammatory, and local hemostatic effect.	Strychnine: digestive spasms, increased sensory perceptions, and rectal tenesmus.
Aesculus hippocastanum 6X	Hamamelis virginiana 6X	Nux vomica 12X
Reduces swelling and relieves stinging pain associated with internal and external hemorrhoids.	Relieves burning, itching, and discomfort associated with hemorrhoids.	Relieves painful hemorrhoids associated with overeating or sedentary lifestyles.

HEMCALM OINTMENT

Horse chestnut (Hippocastanaceae) <i>Aesculus hippocastanum</i>	Stone root (Lamiaceae) <i>Collinsonia canadensis</i>	Witch hazel (Hamamelidaceae) <i>Hamamelis virginiana</i>
Aescin: anti-exudative and vascular tightening effect; reduction of vascular permeability and anti-edematous action.	Homeopathic experimentation on <i>Collinsonia</i> has shown an action on pelvic and portal congestion with constipation and hemorrhoids.	Tannins: astringent, anti-inflammatory, and local hemostatic effect.
Aesculus hippocastanum 1X	Collinsonia canadensis 1X	Hamamelis virginiana 1X
Reduces swelling and relieves stinging pain associated with external hemorrhoids.	Relieves hemorrhoids associated with constipation.	Relieves burning, itching, and discomfort associated with hemorrhoids.

HEMCALM SUPPOSITORIES

Horse chestnut (Hippocastanaceae) <i>Aesculus hippocastanum</i>	Witch hazel (Hamamelidaceae) <i>Hamamelis virginiana</i>	Common peony (Paeoniaceae) <i>Paeonia officinalis</i>	Rhatany (Krameriaceae) <i>Krameria triandra</i>
Aescin: anti-exudative and vascular tightening effect; reduction of vascular permeability and anti-edematous action.	Tannins: astringent, anti-inflammatory, and local hemostatic effect.	Tannins and Paenol: antispasmodic, anti-inflammatory, and analgesic.	Tannins: astringent, anti-inflammatory, and local hemostatic effect.
Aesculus hippocastanum 7X	Hamamelis virginiana 2X	Paeonia officinalis 2X	Ratanhia 7X
Reduces swelling and relieves stinging pain associated with internal and external hemorrhoids.	Relieves burning, itching, and discomfort associated with hemorrhoids.	Relieves burning pain and oozing associated with internal and external hemorrhoids.	Relieves itching and discomfort from internal and external hemorrhoids, especially during and after bowel movements.

References

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5. *Natural Medicines Comprehensive Database*. Available at: www.NaturalStandard.com. Accessed 2023.
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8. Demarque D, Jouanny J, Poitevin B, Saint-Jean Y. *Pharmacology and Homeopathic Materia Medica*. 3rd ed. Sainte-Foy-lès-Lyon: CEDH; 2007.
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HemCalm®

HEMCALM ON THE GO APPROX. 80 PELLETS PER TUBE

Drug Facts

Active ingredients (in each pellet) **Purpose**
 Aesculus hippocastanum 6X HPUS (0.14 mg) } Relieves
 Hamamelis virginiana 6X HPUS (0.14 mg) } Symptoms of
 Nux vomica 12X HPUS (0.14 mg) } Internal & External
 (contains less than 10⁻¹⁴ mg } Hemorrhoids:
 strychnine alkaloids) } Burning, Itching,
 Pain, and Swelling

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses

- temporarily relieves symptoms of internal and external hemorrhoids such as:
 - burning
 - itching
 - swelling
 - pain
 - discomfort
- helps shrink swollen hemorrhoids
- relieves hemorrhoid symptoms following childbirth

Warnings

Ask a doctor before use in case of bleeding.
Stop use and ask a doctor if symptoms persist for more than 7 days or worsen.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: At the onset of symptoms, dissolve 5 pellets under the tongue every 2 hours, up to 6 times a day.
- Children under 12 years of age: Ask a doctor.

Other information

- do not use if glued carton end flaps are open or if pellet dispenser seal is broken
- contains 0.25 g of sugar per dose

Inactive ingredients

lactose, sucrose

Questions or comments?

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 Info@Boiron.com
 1-800-264-7661

HEMCALM TABLETS 60 MELTAWAY TABLETS

Drug Facts

Active ingredient (in each tablet) **Purpose**
 Aesculus hippocastanum..... Reduces swelling and relieves
 6X HPUS (0.83 mg) } stinging pain associated with
 external hemorrhoids
 Hamamelis virginiana Relieves burning, itching,
 6X HPUS (0.83 mg) } and discomfort associated
 with hemorrhoids

Nux vomica 12X HPUS (0.83 mg) Relieves painful
 (contains less than 10⁻¹³ mg alkaloids) hemorrhoids associated
 with overeating
 or sedentary lifestyles

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses

- temporarily relieves symptoms of hemorrhoids such as:
 - burning
 - itching
 - swelling
 - pain
 - discomfort
- helps shrink swollen hemorrhoids
- relieves hemorrhoid symptoms following childbirth

Warnings

Stop use and ask a doctor if symptoms persist for more than 7 days or worsen.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: At the onset of symptoms, allow 2 tablets to dissolve under the tongue every 2 hours, up to 6 times a day.
- Children under 12 years of age: Ask a doctor.

Other information

- do not use if glued carton end flaps are open or if the blister seal is broken
- store below 86°F (30°C)

Inactive ingredients

croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

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 1-800-BOIRON-1 (1-800-264-7661)

HEMCALM OINTMENT 1 OZ

Drug Facts

Active ingredients **Purpose**
 Aesculus hippocastanum..... Reduces swelling and relieves
 1X HPUS 1.3% } stinging pain associated with
 external hemorrhoids
 Collinsonia canadensis Relieves hemorrhoids
 1X HPUS 1.3% } associated with constipation
 Hamamelis virginiana Relieves burning, itching, and
 1X HPUS 1.3% } discomfort associated with hemorrhoids

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses

- temporarily relieves symptoms of hemorrhoids such as:
 - burning
 - itching
 - swelling
 - pain
 - discomfort
- helps shrink swollen hemorrhoids
- relieves hemorrhoid symptoms following childbirth

Warnings

For external use only.

Do not put this product into the rectum by using fingers or any mechanical device or applicator.

Ask a doctor before use in case of bleeding.

When using this product, do not exceed the recommended daily dosage unless directed by a doctor.

Stop use and ask a doctor if symptoms persist for more than 7 days or worsen.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: When practical, gently cleanse the affected area with mild soap and warm water and rinse thoroughly. Gently dry by patting or blotting with toilet tissue or a soft cloth before application of this product. Apply HemCalm Ointment externally to the affected area up to 4 times a day.
- Children under 12 years of age: Ask a doctor.

Other information

- do not use if glued carton end flaps are open or if the tube seal is broken
- store at 68-77°F (20-25°C)

Inactive ingredients

alcohol, white petrolatum USP

Questions or comments?

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 1-800-BOIRON-1 (1-800-264-7661)

HEMCALM SUPPOSITORIES 10 SUPPOSITORIES

Drug Facts

Active ingredients (in each suppository) **Purpose**
 Aesculus hippocastanum..... Reduces swelling and
 7X HPUS (0.01 g) } relieves stinging pain associated
 with internal and external hemorrhoids
 Hamamelis virginiana Relieves burning, itching,
 2X HPUS (0.01 g) } and discomfort associated
 with hemorrhoids

Paeonia officinalis Relieves burning pain and oozing
 2X HPUS (0.01 g) } associated with internal and
 external hemorrhoids

Ratanhia Relieves itching and discomfort
 7X HPUS (0.01 g) } from internal and external
 hemorrhoids, especially during
 and after bowel movements

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses

- temporarily relieves symptoms of hemorrhoids such as:
 - burning
 - itching
 - swelling
 - pain
 - discomfort
- helps shrink swollen hemorrhoids
- relieves hemorrhoid symptoms following childbirth

Warnings

For rectal use only.

Ask a doctor before use in case of bleeding.

When using this product, do not exceed the recommended daily dosage unless directed by a doctor.

Stop use and ask a doctor if symptoms persist for more than 7 days or worsen.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: When practical, cleanse the affected area with mild soap and warm water and rinse thoroughly. Gently dry by patting or blotting with toilet tissue or a soft cloth before application of this product. Insert 1 HemCalm suppository rectally morning and night.
- Children under 12 years of age: Ask a doctor.

Other information

- do not use if the suppository seal is broken
- suppository shape and appearance will change when exposed to heat
- do not store above 86°F (30°C)

Inactive ingredients

hard fat

Questions or comments?

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